

Medications in Pregnancy

During the course of your pregnancy, you may have questions about which medications are safe to take. It is always better to avoid drug usage in pregnancy; however, if you feel you need to take something, refer to this list. It has been our experience that taking these medications in the usual adult dosage will cause no harm to the baby.

Allergies, nasal congestion (to be used no longer than 3 days)

Afrin	Tylenol Sinus	Allegra
Neosynephrine	Zyrtec	Benadryl 25 mg

Cold Sores

Abreeva

Constipation (Up your water intake with any of these meds)

Colace	Fibercon	Surfak
Metamucil		

Cough

Robitussin	Robitussin DM	Vicks vapor-rub
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Diarrhea

Kaopectate	Bland diet "Bratt"	
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Heartburn, upset stomach, indigestion (Do Not use Pepto-Bismol)

Tagamet HB	Tums	Roloids
Liquid Antacids		

Hemorrhoids

Preparation H	Tucks	Anusol
Tronolane		

Nausea of Pregnancy

Vitamin B6 50mg	Unisom Tablets (not gels take 1 @bedtime) (doxylamine)	
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Pain and Headaches

Tylenol (acetaminophen)

Skin Irritation

Hydrocortisone Cream

Sore Throat

Throat Lozenges

Vaginal Yeast Infections (Use full 7 days – may use the applicator)

Gyne-Lotrimin	Monistat	Probiotics
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